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## THE CORPORATION OF THE CITY OF BARRIE Mayor's Office

## PROCLAMATION

I, JEFF LEHMAN, Mayor of the City of BARRIE, do hereby proclaim

May 1, 2017 - May 7, 2017

as

## **Mental Health Awareness Week**

WHEREAS:

Mental illnesses are still feared and misunderstood by many people, but the fear will disappear as people learn more about them, and as people continue to share their stories of recovery; and

WHEREAS;

Canadian Mental Health Association (CMHA) of Simcoe County is a multi-service agency serving children, youth and families through a wide range of mental health initiatives; and

WHEREAS;

CMHA introduced Mental Health Week (MHW) in 1951 and it is now a popular week for a variety of mental health and addiction awareness and education campaigns, activities and events across the country, underscoring the need for psychotherapy, counselling and community-based mental health services and programs, as well as the need adequate housing; and

WHEREAS;

Wings of Change Peer Support, founded February 1st, 2016 in Barrie, Ontario in partnership with CMHA, with chapters across Canada, provides a safe and stigma-free environment for all first responders, healthcare professionals, dispatchers, military members, corrections workers, funeral support workers, and animal service workers, with regards to occupational trauma and stress; and

WHEREAS;

CMHA focuses on making a difference in the lives of those they serve, helping to create a better future for individuals and the communities they live in.

THEREFORE.

I, Jeff Lehman, Mayor of the City of Barrie, do hereby proclaim the week of **May 1 to May 7, 2017** as "**Mental Health Awareness Week**" in the City of Barrie.



Jeff Lehman, Mavor