

TO: MAYOR J. LEHMAN AND MEMBERS OF COUNCIL

FROM: B. ROTH, DIRECTOR OF RECREATION SERVICES DEPARTMENT

NOTED: P. ELLIOTT-SPENCER, GENERAL MANAGER OF COMMUNITY AND CORPORATE SERVICES
C. LADD, CHIEF ADMINISTRATIVE OFFICER

RE: JUNE IS SENIORS' MONTH

DATE: MAY 29, 2017

June is Seniors' Month in Ontario! This year will mark the 33rd anniversary of celebrating Seniors and the tremendous contribution they make to the vibrancy of the City of Barrie. The theme this year – **Living Your Best Life** recognizes the important role that seniors play in a community.

Celebrating Seniors' Month has become our collective way of recognizing their contributions in our community. The City of Barrie's 55+ Centre's encourages our community's seniors by:

- Offering a variety of recreation, education and active living programs.
- Promoting healthy lifestyles, developing new skills, meeting new people and offering opportunities to be physically, socially and mentally active every day.

This year's lineup of Seniors' Month events at the 55+ Centre's include:

Event	Date	Time	Location
Kick off Summer BBQ – Supported by Seniors Advisory Council	June 7 th	11:30 a.m - 1:00 p.m.	Parkview 55+ Centre
Kick Off Summer BBQ	June 9 th	11:50 a.m. - 12:50 p.m.	Allandale 55+ Centre
Being the best you!	June 9 th	12:30 p.m. - 1:30 p.m.	Allandale 55+ Centre
Heart Health	June 13 th	11:30 a.m. - 12:30 p.m.	Allandale 55+ Centre
Living your best life – Ann Hogarth	June 13 th	11:00 a.m. - 2:00 p.m.	Parkview 55+ Centre
OSGA – Bid Euchre Tournament	June 19 th	9:00 a.m. - 2:00 p.m.	Parkview 55+ Centre
Life Line Information Session	June 19 th	11:30 a.m. - 12:00 p.m.	Allandale 55+ Centre
Drop in Tai Chi	June 20 th	11:30 a.m - 12:10 p.m.	Allandale 55+ Centre
In House Membership Blitz	June 16 th June 27 th	8:15 a.m. - 11:45 a.m. 8:15 a.m. - 11:45 a.m.	Allandale 55+ Centre
Learn to Play Bocce Ball or Darts	June 21 st	1:00 p.m. - 3:00 p.m.	Allandale 55+ Centre
OSGA – Duplicate Bridge Tournament	June 23	9:00 a.m. - 4:00 p.m.	Parkview 55+ Centre
Interagency Seniors celebration of Canada 150	June 27 th	11:00 a.m. - 1:00 p.m.	Parkview 55+ Centre
Canada 150 BBQ Celebrations	June 28 th	11:30 a.m - 1:00 p.m.	Parkview 55+ Centre
Red & White Dance	June 29 th	1:30 p.m. - 3:30 p.m.	Parkview 55+ Centre

There's no better time to drop in and learn about the many opportunities, programs and services available at the City of Barrie Community Centres provided by our dedicated team of senior friendly staff.

For more information please visit us at barrie.ca/Seniors55 or call Parkview 55+ Centre 705-737-0755 or Allandale 55+ Centre 705-728-6332