



**Recreation Services
MEMORANDUM**

TO: MAYOR J. LEHMAN, AND MEMBERS OF COUNCIL

FROM: S. LEE-YOUNG, MANAGER OF RECREATION PROGRAMS

NOTED: B. ROTH, DIRECTOR OF RECREATION SERVICES

D. MCALPINE, ACTING GENERAL MANAGER, COMMUNITY AND CORPORATE SERVICES

M. PROWSE, CHIEF ADMINISTRATIVE OFFICER

RE: RECREATION SERVICES FALL PROGRAMS

DATE: SEPTEMBER 25, 2017

It's that time of year for you to get involved in the fall programs at your local community centre. Once again we are offering an exciting menu of fall programs for participants of all ages. Our Fall 1 session begins the week of Sept 25, 2017. Remember you can register for the Fall 1, Fall 2 and the Winter session today. Register early to ensure you have a spot. You can find our complete listing of programs offered at www.barrie.ca/Living/RecreationPrograms/Pages/RecreationGuide

If you or your family members want to explore something new, you can choose from Parkour, Rowing Circuit to Barre-Total Body, Bootcamp adult and child to Hula Hoop Dancing. We have Egyptian Belly dancing, Mini Dance for Fun to Culinary-Kitchy Kids, Superspy or Big Bang Science Junior. New this season is our Olympic Weight lifting program. Just starting out or looking to train in a new way, you should try this program. No experience needed and guaranteed to have a fun workout. If recreational sports leagues are your interest we have a league for you. We have many leagues for all skill levels, from beginner to advanced. Choose your level and choose your sport from Dodgeball, Basketball or Volleyball and get ready to have some fun. Sign up as an individual or as a team. For a complete description of all these activities visit us online.

In partnership with All Sports All People, Wheelchair Basketball is being held at the Lampman Lane Community Centre for participants 6 years old and up. This program provides people of all abilities the opportunity to try an exciting adapted sport. Sport wheelchairs are provided.

If you, your friends and family have multiple children who you would like to have in swimming lessons on the same day at the same time, then Family Swimming Lessons are for you! This is super easy; choose the pool where you'd like your child(ren) to take lessons, find the day and time that is most convenient for you, and register. On the first day of lessons your child will be evaluated and placed in a class that is appropriate for their skill level.

Did you know all three of our community recreation centres have a well-equipped Fitness centre? You can set your own schedule and attend classes with our affordable Barrie RecPass. You can participate in a variety of drop-in programs, including fitness, skating, hockey, swimming, open gym sessions and child-focused programs, like dance, pre-school and after-school fun. The Rec Pass gives you unlimited access to the drop-ins offered at all of our recreation centres and also comes at a reasonable monthly price, making it easy for you and your family to keep active living a priority in your daily schedule.

For more information and registration please visit www.barrie.ca/Living/RecreationPrograms