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THE CORPORATION OF THE CITY OF BARRIE
Mayor's Office

PROCLAMATION

I, JEFF LEHMAN, Mayor of the City of BARRIE,

do hereby proclaim

October 10, 2018

as

World Mental Health Day

- WHEREAS;** World Mental Health Day is an education and awareness campaign designed to encourage people to talk, reflect and engage with others on the importance of mental health and the reality of mental illness; and
- WHEREAS;** Nearly 1 in 5 Canadians will suffer a mental disorder in their lives, with the remaining four Canadians affected by a mental illness through a family member, friend or co-worker; and of the 10 leading causes of disability worldwide, five are mental disorders: major depression, schizophrenia, bipolar disorder, substance abuse disorder and obsessive compulsive disorder: 30 to 40 percent of disability claims are for depression; and
- WHEREAS;** Stigma is the number one reason people do not seek treatment, experience workplace and social discrimination and experience barriers to recovery.
- THEREFORE,** I, Mayor Jeff Lehman, do hereby proclaim **October 10, 2018** as “**World Mental Health Day**” in the City of Barrie.



Jeff Lehman
Mayor