



**RECREATION AND CULTURE
SERVICES
MEMORANDUM**

Page: 1
File: R06
Pending #:

TO: MAYOR J. LEHMAN AND MEMBERS OF COUNCIL

FROM: S. LEE YOUNG, MANAGER OF RECREATION AND CULTURE PROGRAMS, EXT: 5166

NOTED: B. ROTH, DIRECTOR OF RECREATION AND CULTURE SERVICES

D. MCALPINE, GENERAL MANAGER OF COMMUNITY AND CORPORATE SERVICES

M. PROWSE, CHIEF ADMINISTRATIVE OFFICER

RE: SENIORS CENTRE WITHOUT WALLS PROGRAM

DATE: APRIL 27, 2020

In response to COVID-19, staff are aware that the seniors within the Barrie community may be feeling isolated and missing their regular access to the City of Barrie 55+ Centres. In response to this need, staff are introducing a new initiative called Seniors Centre Without Walls.

Seniors Centre Without Walls is a free interactive telephone-based program that connects and enables seniors to be social, informed and connected during this difficult time. Participants join in for free, in general conversations and make new and meaningful friendships – all from the comfort of their home! It works just the same as attending a class or a lecture at the centre, but instead it is facilitated over the telephone.

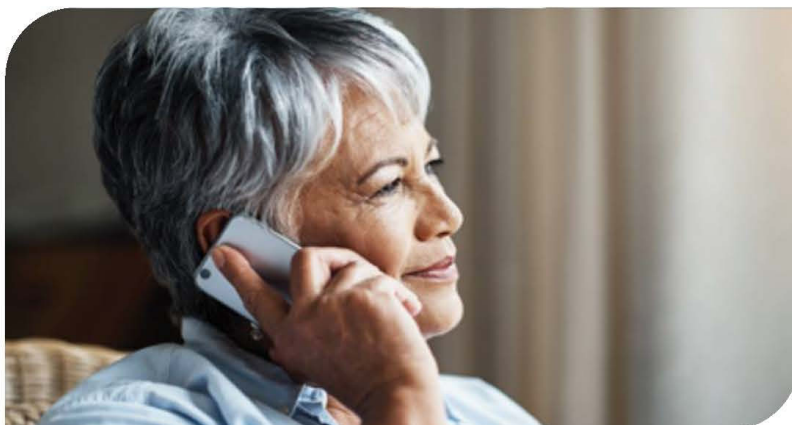
With the help of community partners – Red Cross, Chartwell-Barrington and 55+ Centre Volunteers, Recreation and Culture Services will be launching this initiative the week of April 27th, 2020. Programs range in length from 30 – 60 minutes and will be fun, interactive, motivational and provide the opportunity to learn something new. Staff will continue to reach out and build our partnerships and volunteer base to support the program offerings and ensure that the seniors in our community are connected during this time. Please find attached an information pamphlet.

For further information, please contact Recreation staff at 705-739-4223 or via email at Recreation.Information@barrie.ca, leave your name and phone number and we will follow up with you.

Seniors Centre Without Walls

An engaging, social, barrier free opportunity to have fun! This interactive free program is phone lead by staff and volunteers geared to those that are 55+.





Seniors' Centre Without Walls 101

- You do not need to be a member of 55+ Centres for this free program
- Programs are multi-person phone conversations (or conference calls)
- No special equipment needed – just your average phone!
- Phone session lasts between 30-60 minutes.
- You are able to hear each other, talk to one another, learn and have fun!

Fair Play Policy

The goal of the City of Barrie Recreation Programs is to ensure all participants have a rewarding, memorable, safe and fun experience while participating in our programs. Providing a safe environment is a collaborative process. We ask that participants follow the following guidelines:


- Allow the Leader and Guest Speaker to lead the group
- Allow everyone to contribute. Try not to dominate the conversations
- To be courteous and respectful to others with limited interruptions
- To help provide an environment that is sensitive to, and respectful of, everyone's needs and preferences, regardless of race, ethnic origin, culture, religion, age, mental or physical disability, gender identity or gender expression, or sexual orientation.

How to Access the Programs:

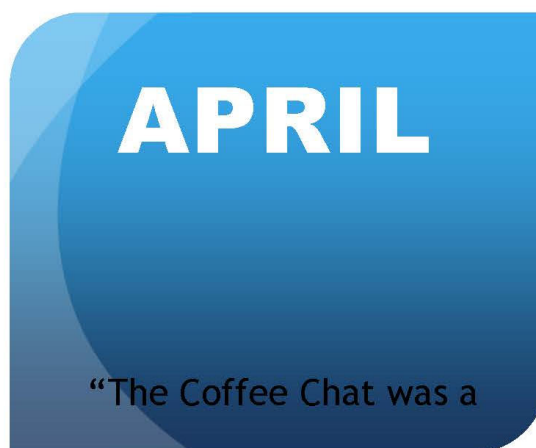
To register email Recreation.Information@barrie.ca or call 705-739-4223, leave your name and phone number and we will follow up with you.

Programs are 30-60 minutes in length and will cover a variety of games and topics. See program schedule for times and program information.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 What is Seniors Centre without Walls 10:00 a.m. - 11:00 a.m. What is Seniors Centre without Walls 1:30 p.m.	28 Mindfulness for Health & Hope 9:00 a.m. - 9:30 a.m. Just Joking 1:30 p.m. - 2:30 p.m.	29 Fit Minds 10:00 a.m. Coffee Chat 1:30 p.m. - 2:30 p.m.	30 Red Cross 10:00 a.m. - 10:30 a.m. Healthy Aging Series VON 1:30 p.m. - 2:30 p.m.	May 1 

- Mary FitzGerald





Thank you to our partners



Live Every Day.





RECREATION AND CULTURE
SERVICES
MEMORANDUM

Page: 6
File: R06
Pending #:

Parkview Centre
for 55+
189 Blake Street,
Barrie, ON L4M
1K5

Thank you to our
partners

