

### **City of Barrie**

70 Collier Street (Box 400) Barrie, ON L4M 4T5

# Minutes - Final Seniors Advisory Committee

Monday, January 9, 2017

10:00 AM

Sir Robert Barrie Room

For consideration by the Community Services Committee of the City of Barrie on February 1, 2017

The Seniors Advisory Committee met at 10:04 a.m. in the Sir Robert Barrie Room and the following were in attendance:

Present: 7 - Councillor B. Ainsworth

Chairman R. Cotton

H. Stone J. Comper L. Ricardo

M. Malcolm

R. McEachern

Absent: 5 - Vice Chair M. Stevenson

G. Sels

J. Youell-Robson S. Maynard R. Cheeseman

### STAFF:

Accessibility Co-ordinator, C. Dillon Committee Support Clerk, T. McArthur Policy Planner, C. Terry Recreation Programmer, J. Goulie.

### **ALSO PRESENT:**

D. Piper

B. Logan.

City of Barrie Page 1

### The Seniors Advisory Committee met and reports as follows:

### PRESENTATION REGARDING THE PRIMARY CARE COLLABORATIVE MEMORY CLINICS IN ONTARIO

Dr. L. Lee, Director of the Centre for Family Medicine Memory Clinic provided a presentation to the Committee via teleconference concerning the Primary Care Collaborative Memory Clinics in Ontario.

Dr. Lee discussed slides concerning the following topics:

- The history of the development of Primary Care Collaborative Memory Clinics;
- A chart illustrating problems in the health care system for those suffering with dementia;
- The results of studies concluding that dementia destabilizes other complex chronic conditions;
- A map illustrating the Primary Care Collaborative Memory Clinics established throughout Ontario;
- The services available in a typical primary care practice;
- The services available in a Primary Care Collaborative Memory Clinics;
- The benefits and structure of a Primary Care Collaborative Memory Clinic;
- The statistics across Ontario associated with Primary Care Collaborative Memory Clinics;
- Information on the Centre for Family Medicine Memory Clinic Training Program;
- A chart detailing the sustainable and efficient care for dementia patients;
- The essential elements to provide a gold standard for health care;
   and
- Testimonials provided by patients / families associated with care received at the Primary Care Collaborative Memory Clinics.

In closing, Dr. Lee discussed the need for Primary Care Collaborative Memory Clinics in the City of Barrie and surrounding areas.

Members of the Committee asked several questions related to the information provided and received responses from Dr. Lee.

City of Barrie Page 2

## PRESENTATION REGARDING CONNECTING SENIORS AND YOUNG ADULTS IN THE CITY OF BARRIE

Mr. D. Piper and Mr. B. Logan provided a presentation regarding Connecting Seniors with Young Adults in the Community Program.

Mr. Piper and Mr. Logan discussed slides concerning the following topics:

- The background on a Non-Profit Organization named "Beyond Potential":
- The organization's goal to "Add Value to People's Lives" through leadership, volunteering and building relationships between seniors and young adults;
- The inspirations for creating the program; including:
  - Personal experiences;
  - Understaffed seniors residences,
  - Loneliness and health issues of seniors;
  - Young adults from high school in need of volunteer hours; and
  - Young adults to establish value through volunteering.
- The short term and long term goals for the volunteer program in our community; and
- The development of a software management program for young adults in need of volunteer hours for high school.

In closing, Mr. Piper and Mr. Logan advised that the program is in the early stages and that they are working towards partnering a senior's residence and a Barrie high school in the near future.

Members of the Committee asked questions related to the information provided and received responses from Mr. Piper and Mr. Logan.

#### AGE-FRIENDLY COMMUNITY PLAN UPDATE

C. Dillon Accessibility Co-ordinator provided an update concerning the Age-Friendly Committee Plan project. She advised that the plan is being presented to the Executive Management Team at the end of January and that she will report back to the Committee with an update once more information becomes available.

#### SENIORS EVENTS CALENDAR

The Committee discussed upcoming events taking place in the community. R. McEachern advised that the Barrie Canadian Association of Retired Persons (CARP) #36 will be hosting a seminar concerning "Hydro Explained" on February 11, 2017 from 9:30 a.m. to 12:30 p.m. at Southshore Community Centre, 205 Lakeshore Drive, Barrie.

The meeting adjourned at 11:44 a.m.

### **CHAIRMAN**

City of Barrie Page 3