



Legislation Details (With Text)

File #: TMP-21278 **Version:** 1 **Name:**
Type: Correspondence **Status:** Received
File created: 8/10/2017 **In control:** Seniors Advisory Committee
On agenda: 9/11/2017 **Final action:** 9/11/2017
Title: NUTRITIOUS FOOD BASKET

The Committee discussed the Food Insecurity presentation that was provided at the June 12, 2017 Seniors Advisory Committee meeting, specifically the information associated with the Simcoe Muskoka District Health Unit (SMDHU) that seniors should be able to fill a basket of nourishing food for \$51.00 per week.

M. Malcolm detailed her research that she undertook to assess a week in the life of a hypothetical senior and the costs associated with housing, transportation, and nutritional grocery costs.

The Committee agreed to forward Ms. Malcolm’s research material to the SMDHU for a response and clarification on current costs associated with all areas of seniors living.

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| 9/11/2017 | 1 | Seniors Advisory Committee | Received | |

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