

MEDIA RELEASE

Monday, June 17, 2024

FOR IMMEDIATE RELEASE

Barrie opens cooling centres due to heat warning

Barrie, ON – Due to the heat warning that was issued by Environment Canada, the City of Barrie will make all public facilities available (during normal operating hours) for cooling centres. The cooling centres will remain open until the heat warning is lifted.

During a high heat alert, the public are reminded to:

- Rest frequently in shaded areas.
- Drink plenty of fluids.
- Never leave infants, children or pets in a parked car.
- Dress in cool, loose clothing and shade your head with a hat or umbrella.
- Check regularly on family, friends or neighbours who are at higher risk of heat-related illnesses. and who do not have air conditioning.
- Plan to attend the festivities during cooler parts of the day.
- Seek shelter indoors or in the shade.

Here are some other ideas on how to beat the heat:

- Visit one of four beaches along the shores of Kempenfelt Bay. Only Centennial and Johnson's Beach have lifeguards in the summer, however, lifeguards are currently not on duty. Lifeguarding season begins on Friday, June 28. Residents are reminded to practice water safety; there is no substitute for parent supervision. Stay within arm's reach, swim with a buddy and get trained. Visit <u>barrie.ca/beaches</u> for more information.
- Visit one of the pools located at the City's recreation centres. Visit <u>barrie.ca/Dropins</u> for pool schedules.
- Visit the splash pad at Lampman Lane Park or the water feature at Heritage Park.
- The City's recreation centres and libraries are open and available to the public during regular operating hours.

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