## **Staff Memorandum**



To: Mayor A. Nuttall and Members of Council

Subject and Ward(s): June is Recreation and Parks Month (All)

Date: May 28, 2025

Department Head

Approval: K. Datema, Director of Recreation and Culture Services

**Executive Management** 

Approval: J. Schmidt, General Manager of Community and Corporate

Services

CAO Approval: M. Prowse, Chief Administrative Officer

The purpose of this memorandum is to provide members of Council with information on the upcoming *June is Recreation and Parks Month*. JRPM is a movement celebrating the many ways recreation and parks support well-being. Communities across Ontario join in each year to raise awareness and foster greater engagement with local recreation spaces, activities, and parks. Recreation and parks are a fundamental human need that helps foster personal health, strong communities, and social inclusion. Join us to celebrate how recreation and parks play a vital role in creating vibrant, healthy and inclusive communities.

Throughout the month of June, the City of Barrie will participate in the ParticipACTION Community Challenge, a nationwide initiative which encourages Canadians to get active and strive to make their community the most active in the country! In partnership with local organizations, Recreation and Culture Services will offer free and accessible recreation, sports, and fitness opportunities. This is a great opportunity to explore new activities, connect with others, and experience the many benefits of being active.

All participation in activities in June will count as participation in the challenge, including free, drop-in, and registered programs citywide; this is a great time to start your fitness journey!

Recreation and Culture Services has created a calendar of activities, giving residents options to play and stay active every day! City of Barrie residents can take advantage of the many amenities in our City, whether they wish to play basketball at Will Dwyer Park, have a family picnic at Tyndale Park, cool off at the Lampman Lane splash pad, or participate in outdoor International Yoga Day at Dorian Parker Centre.

The City's three Community Centres also offer many opportunities to get active and play, including afterschool gymnasium or preschool drop-ins, the 55+ walking club, fitness classes, or a family open swim.

Visit the city's website at <u>barrie.ca</u> for more information, including the full "June is Recreation and Parks Month" calendar of activities.

June Challenge: Move, Play, and Get Active! Let's come together to celebrate our parks and recreation spaces and help make Barrie one of the most active communities in Canada.

## **Memo Author:**

K. Ellis, Manager of Recreation Programs and Special Events

File #: R00

Pending # (if applicable):

Not applicable