



## ***MEDIA RELEASE***

**Monday, April 24, 2023**

### ***FOR IMMEDIATE RELEASE***

## **City to celebrate National Youth Week with free and low-cost opportunities for Barrie youth**

(Barrie, ON) – National Youth Week starts May 1 and runs until National Child and Youth Mental Health Day on May 7, 2023. The City is celebrating National Youth Week with free and low-cost recreation and culture opportunities for youth in Barrie starting April 28.

"This is a time to recognize youth and their positive contributions to the community," said Steve Lee-Young, Manager of Recreation & Culture Programs. "During this week and throughout the entire year, the City aims to provide quality recreation and culture programs and spaces that support youth in our community."

Barrie youth aged eleven to seventeen are invited to participate; all activities are drop-in, and available on a first-come, first-served basis. Some of the activities offered include:

- Youth Takeover Night
- \$1 after school gym drop-ins
- Youth Appreciation Night
- Ping Pong Tournament
- Coffee House Event
- Wellness Fair

Outside of National Youth Week, the City hosts events and programs at the youth centre at the Peggy Hill Team Community Centre, and at the Lampman Lane Community Centre on an ongoing basis; offering individuals aged eleven to seventeen in Barrie opportunities for creative development, exploration, personal growth and play.

For a full schedule of opportunities available during National Youth Week, visit [barrie.ca/YouthWeek](https://barrie.ca/YouthWeek).

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### ***For more information, please contact:***

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