

RECREATION AND CULTURE SERVICES MEMORANDUM

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TO: MAYOR A. NUTTAL AND MEMBERS OF COUNCIL

FROM: K. ELLIS, MANAGER OF RECREATION AND CULTURE PROGRAMS

NOTED: D. BELL, DIRECTOR OF RECREATION AND CULTURE SERVICES

D. MCALPINE, GENERAL MANAGER OF COMMUNITY AND CORPORATE

SERVICES

M. PROWSE, CHIEF ADMINISTRATIVE OFFICER

RE: JUNE IS SENIORS' MONTH

DATE: MAY 8, 2024

June is Seniors' Month in Ontario! This year will mark the 40th anniversary of celebrating Seniors and the tremendous contribution they make to the vibrancy of the City of Barrie. Our many dedicated events this year recognize the significant role that seniors play in the community.

Celebrating Seniors' Month has become our collective way of recognizing their contributions, The City of Barrie's 55+ Centres supports our community's seniors by:

• Offering a variety of recreation, education and active living programs.

 Promoting healthy lifestyles, developing new skills, meeting new people and offering opportunities to be physically, socially and mentally active every day.

This year's lineup of Seniors' Month events at the 55+ Centres include:

Event	Date & Time	Location
Estate Planning Workshop	Mon June 3 rd at 1 pm	Parkview 55+ Centre
Heart Health Workshop with RVH	Wed June 5th 1:30-3:30 pm	Allandale 55+ Centre
BBQ	June 7th 11:30 - 1 pm	Allandale 55+ Centre
Outdoor Garage (Trunk) Sale	Sat. June 8th 8:30 am – 12 pm	Parkview 55+ Centre
50 th Anniversary	Wed. June 12 th 10 am – 3:30 pm	Parkview 55+ Centre
Seniorlicious	Mon June 24 [™] 11 am – 1 pm	Southshore CC
BBQ	June 26 th 11:30 – 1 pm	Allandale 55+ Centre

Our signature events include *Parkview's 50th Anniversary Celebration*, **Wed June 12th** at Parkview Community Centre. Highlights of this full day of celebrations includes Parkview Singers; displays through the years, entertainment in the Park, a tea room, dance, food truck and BBQ. Join us for Try it! activities: such as line dancing, walking group, Mah Jong and table tennis, carpet bowling, and games night!

Also, **Seniorlicious**, The Taste of Retirement, will be offered once again. This sampler event features Chefs specials from six premier retirement homes in Barrie. This event will be held on Monday June 24rd at 11 am to 1 pm at South Shore Community Centre. For more information please visit us at Seniors 55+ Recreation Programs | City of Barrie or call Parkview 55+ Centre at 705-737-0755 or Allandale 55+ Centre at 705-728-6332. Drop in and learn about the many opportunities, programs, and services available at the City of Barrie Community Centres provided by our dedicated team of senior-friendly staff and volunteers.