

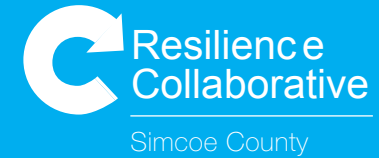
Wellbeing

The presence of the highest possible quality of life in its full breadth of expression focused on but not necessarily exclusive to: good living standards, robust health, a sustainable environment, vital communities, an educated populace, balanced time use, high levels of democratic participation, and access to and participation in leisure and culture.

- Canadian Index of Wellbeing

“ *Cultivating a Prospective Mind for Well Being.* ”

...Thomas Homer-Dixon



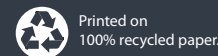
Organizing Partners



Contact Information

To learn more about the Resilience Collaborative, please contact:

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National Context

Guided by the leadership of the Honourable Roy Romanow, the Canadian Index of Wellbeing (CIW) has been developed nationally over the past decade as a new way of measuring wellbeing. It goes beyond economic measures, such as the Gross Domestic Product (GDP), with the intent of providing unique insights into the quality of life of Canadians.

Understanding Wellbeing

The following domains have all been identified as being key to the measurement of wellbeing and furthermore are strongly inter-connected:

- Community Vitality
- Democratic Engagement
- Education
- Environment
- Healthy Populations
- Living Standards
- Leisure and Culture
- Time Use

The CIW is currently the only national index that measures wellbeing in Canada across this wide spectrum of domains. All CIW research is available free online at www.ciw.ca. Seven of the eight domains have been researched under CIW resulting in published reports during 2009/10 on the domains of democratic engagement, community vitality, education, healthy populations, leisure and culture, time use, and living standards. A report on the eighth domain of environment is set to be launched in 2011 nationally and in Simcoe County. Once the CIW framework has been fully developed in 2011, it will include a Composite Index – with a single number that moves up or down giving a quick snapshot of whether the overall quality of life of Canadians is getting better or worse.

Local Impact

Community Stakeholders

The Resilience Collaborative is comprised of citizens and stakeholders from the voluntary and public sectors. These stakeholders include representatives from the Barrie Community Health Centre, County of Simcoe, Environment Network, Georgian College, Simcoe County District School Board, United Way and Simcoe Muskoka District Health Unit.

Using the Canadian Index of Wellbeing as our framework, the primary aim of the Resilience Collaborative – Simcoe County is to serve as a catalyst to engage the community, stimulate discussion, and develop strategic responses aimed at building higher levels of community resiliency and wellbeing.

Our Goals:

- 1 Generate a shared vision of what constitutes community resiliency and wellbeing;
- 2 Measure local progress toward, or movement away from achieving this vision, in the context of national trends;
- 3 Understand and promote awareness of why our communities are moving in the direction they are;
- 4 Stimulate discussion about the types of policies and interventions that would move us closer to achieving greater resiliency and wellbeing;
- 5 Craft policy aimed at enhancing community resiliency and wellbeing in concert with citizens, policy shapers and decision makers; and
- 6 Support the work of the Canadian Index of Wellbeing (CIW) by assisting in the release of national CIW reports.

