



## ***MEDIA RELEASE***

**Friday, May 30, 2025**

***FOR IMMEDIATE RELEASE***

### **Residents encouraged to support ParticipACTION Challenge during Recreation and Parks Month**

(Barrie, ON) – June is recognized as Recreation and Parks Month in Ontario and the City of Barrie is encouraging residents to support the [ParticipACTION Community Challenge](#) while enjoying hundreds of free activities and programs. The Community Challenge is a national physical activity and sport initiative that encourages everyone in Canada to get active throughout June in search of Canada's Most Active Community, which will win \$100,000 to support local sport and physical activity initiatives.

"Let's do this Barrie! Our City has countless, amazing recreation opportunities for residents to enjoy while also competing in the ParticipACTION Challenge," said Mayor Alex Nuttall. "From trying out a new activity at one of our centres, to cooling off at a splash pad, there are so many ways for residents to take advantage of the City's amenities and recreational opportunities."

A calendar of events is available at [barrie.ca/JRPM](http://barrie.ca/JRPM) which includes many free activities for residents to try throughout June while supporting the ParticipACTION Challenge. The schedule includes many of the City's regular drop-in activities at usual dates and times, including basketball, pickleball, yoga and aquafit. In addition, the City is offering free Zumba and outdoor Bootcamp classes on select days and an outdoor yoga class at Sunnidale Park on International Yoga Day (June 21).

Visit [barrie.ca/JRPM](http://barrie.ca/JRPM) to view the schedule of activities.

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***For more information, please contact:***

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