



# URBAN PANTRY BARRIE



Canadian Mental  
Health Association

Association canadienne  
pour la santé mentale

*Simcoe  
County*

**GAMBLING, SUBSTANCE USE & MENTAL HEALTH SERVICES**





## Community Gardens

148 garden plots



## Barrie Good Food Box

8796  
purchased



## Cooking Classes

135 classes

**“I'm a single mother in school at the moment. The good food box allows myself and daughter to have more nutritious foods. Thank you for all you do.”**

**“My son now likes to make pizza from scratch thanks to the bread recipe we learned in the first class”**

**"I didn't think I would get to garden again"**