

### **City of Barrie**

70 Collier Street (Box 400) Barrie, ON L4M 4T5

# Minutes - Final Seniors Advisory Committee

Monday, December 12, 2016

10:00 AM

Sir Robert Barrie Room

For consideration by the Community Services Committee of the City of Barrie on February 1, 2017

The Seniors Advisory Committee met at 10:02 a.m. in the Sir Robert Barrie Room and the following were in attendance:

Present: 11 - Councillor B. Ainsworth

Vice Chair M. Stevenson

G. Sels H. Stone J. Comper

J. Youell-Robson

L. Ricardo S. Maynard M. Malcolm R. Cheeseman

R. McEachern

Absent: 1 - Chairman R. Cotton

#### STAFF:

Accessibility Co-ordinator, C. Dillon Committee Support Clerk, T. McArthur Recreation Programmer, J. Goulie.

#### **ALSO PRESENT:**

S. Easson-Bruno, Director, North Simcoe Muskoka Specialized Geriatric Services Program.

City of Barrie Page 1

#### The Seniors Advisory Committee met and reports as follows:

## PRESENTATION REGARDING SENIORS HEALTH AND SPECIALIZED GERIATRIC SERVICES

S. Easson-Bruno, Director of North Simcoe Muskoka (NSM) Specialized Geriatric Services (SGS) Program provided a presentation to the Committee concerning Seniors Health and Specialized Geriatric Services.

Ms. Easson-Bruno discussed slides concerning the following topics:

- The history of the development of an integrated regional Seniors Health Program and the Stabilization of the NSM Geriatric Care Specialists:
- The key elements of the Seniors Health Program including:
  - Communication;
  - Central Specialized Services and Leadership;
  - Local locations;
  - A caring community;
  - Holistic; and
  - Aging at home.
- The focus of a regional Seniors Health Program "Frail Seniors";
- The establishment of the Local Health Integration Networks (LHIN) Action Plan 2015;
- A chart detailing the action plan progress and associated with Regional Seniors Health Program;
- A diagram illustrating the need for central services; and
- A chart detailing the 2016 / 2017 notable numbers for the need of specialized geriatric services.

In closing, Ms. Easson-Bruno discussed the key messages concerning the NSM SGS Program that are in place. She noted that the early work has had significant progress with the success being evident and that that partnerships and communication will be the key to going forward.

Members of the Committee asked several questions related to the information provided and received responses from Ms. Easson-Bruno.

City of Barrie Page 2

#### 2016 OACAO CONFERENCE - UPDATE

G. Seis provided the Committee with an update regarding her attendance at the 2016 Older Adult Centres' Association of Ontario (OACAO) Conference.

Ms. Seis discussed information from the following workshops:

- Unique in the Province: A Partnership between Guelph Wellington Seniors Association and the City of Guelph;
- Finding your Way through the Age-Friendly Community Process the Experience of Whitby Seniors Services; and
- Dancing With Change: Why people resist and what to do about it.

Ms. Seis advised that she attended a tradeshow consisting of various organizations exhibiting information, services and programs associated with adults and their families.

#### **AGE-FRIENDLY COMMUNITY PLAN**

C. Dillon, Accessibility Co-ordinator provided an update to the Committee on the Age-Friendly Committee Plan. She advised that the plan will be presented to the Executive Management Team in the New Year and that she will report back to the Seniors Advisory Committee with an update after the meeting takes place.

#### **SENIORS EVENT CALENDAR**

The Committee discussed the Seniors Events taking place in the City of Barrie. J. Goulie, Recreation Programmer advised that there are a number of Holiday Events taking place at both the 55+ Centres and to visit barrie.ca or review the newsletter of the Parkview and Allandale 55+ Centres for more information.

The meeting adjourned at 11:58 p.m.

**CHAIRMAN** 

City of Barrie Page 3