



**RECREATION AND CULTURE
SERVICES
MEMORANDUM**

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TO: MAYOR, J. LEHMAN AND MEMBERS OF COUNCIL

**FROM: S. LEE-YOUNG, MANAGER OF RECREATION AND CULTURE PROGRAMS,
EXT:5166**

NOTED: R. BELL, DIRECTOR OF RECREATION & CULTURE SERVICES

**D. MCALPINE, GENERAL MANAGER OF COMMUNITY AND CORPORATE
SERVICES**

M. PROWSE, CHIEF ADMINISTRATIVE OFFICER

RE: JUNE IS SENIORS' MONTH 2021

DATE: MAY 30, 2022

The purpose of this Memorandum is to provide members of Council information on the upcoming June is Seniors' Month in Ontario celebrations. This year will mark the 38th anniversary of celebrating Seniors and the tremendous contribution they make to the vibrancy of the City of Barrie. The theme this year is Stay Active, Connected and Safe.

Celebrating Seniors' Month has become our collective way of recognizing seniors' contributions. The City of Barrie's 55+ Centres encourage our community's seniors by:

- Offering a variety of recreation, education, and active living programs;
- Promoting healthy lifestyles;
- Providing opportunities for individuals to develop new skills; and
- Being a safe place for individuals to meet new people every day.

For two years, we have "stayed home", quarantined, and self isolated. Now is the time get out and stay active, connected and safe through in-person activities throughout the community. This June the City of Barrie, 55+ centres will be offering programs to help the community be active and connected, as set out in the calendar attached. FREE Thursday Bus rides are available for Seniors that are 65+ on Barrie Transit. Some of these opportunities are:

Date:	Time:	Location:	Open House Activities:
Wednesday June 1 st	10:00 a.m. – 1:30 p.m.	Allandale 55+ Centre	Games and activities, special streamed performances by Theatre Orangeville.
Thursday June 9 th	12:00 p.m. – 2:00 p.m.	Parkview	Guest Speakers, lunch at the park, Fitness in the park, live dancing and more.

Throughout the City, we are offering various activities for all to stay active, connected and safe while engaging with one another.