



MEDIA RELEASE

Tuesday, May 31, 2022

FOR IMMEDIATE RELEASE

City celebrates June as seniors month

(Barrie, ON) - June is recognized as Seniors Month in Ontario and the 2022 theme is *Stay Active, Connected and Safe*.

"After a long period of staying home and connecting virtually where we could, it's time to get out and enjoy in-person activities in the community," says Steve Lee-Young, Manager of Recreation & Culture Programs. "Through our 55+ Centres, we offer a variety of recreation, education, and active living programs for seniors in our community."

The City will host two in-person Open Houses for the 55+ community in June. The Allandale Open House will take place Monday, June 6, from 10 a.m. to 1 p.m. at the Allandale 55 + Centre, inside the Allandale Recreation Centre (190 Bayview Drive). Some activities include games and streamed performances.

The Parkview Open House will take place Thursday, June 9 from 11 a.m. to 3:30 p.m. at the Parkview Centre (189 Blake Street). Some activities include a fitness walk, guest speaker, live dancing and games.

At both Open Houses, attendees will also have the chance to learn about the [Seniors Advisory Committee](#) and participate in a [senior's survey](#). Refreshments are also offered at both Open Houses; pre-registration is required to participate in the refreshment opportunities. Participants can pre-register for the Allandale Open House by calling 705-728-5141, and the Parkview Open House by calling 705-737-0755.

The City also offers free transit to adults 65+ on Thursdays throughout the year, with a valid ID.

Learn more about the opportunities offered for Barrie seniors at barrie.ca/SeniorsCentres.

– 30 –

For more information, please contact:

Scott LaMantia
Senior Communications Advisor
scott.lamantia@barrie.ca
705-794-0517