

TO:MAYOR A. NUTTALL AND MEMBERS OF COUNCILFROM:K. ELLIS, ACTING MANAGER OF RECREATION AND CULTURE PROGRAMSNOTED:D. BELL, DIRECTOR OF RECREATION AND CULTURE SERVICESD. MCALPINE, GENERAL MANAGER OF COMMUNITY AND CORPORATE SERVICESM. PROWSE, CHIEF ADMINISTRATIVE OFFICERRE:JUNE IS SENIORS' MONTHDATE:MAY 17, 2023

June is Seniors' Month in Ontario! This year will mark the 39th anniversary of celebrating Seniors and the tremendous contribution they make to the vitality of the City of Barrie. Our many dedicated events this year recognize the significant role that seniors play in our community.

Celebrating Seniors' Month is our collective way of recognizing their contributions. The City of Barrie's 55+ Centres encourage our community's seniors by:

- Offering a variety of recreation, education and active living programs.
- Promoting healthy lifestyles, developing new skills, meeting new people and offering opportunities to be physically, socially and mentally active every day.

This year's lineup of Seniors' Month events at the 55+ Centres include:

Event	Date & Time	Location
Intergenerational Art Class	June 2 nd 10:00am - 11:30am	Parkview 55+ Centre
Open House	June 13 th 10:00am - 12:00pm	Allandale 55+ Centre
@ the Park Concert by Don McNair. World Elder Abuse Awareness Day	June 15 th 12:30pm - 2:00pm	Lions Pavilion Nelson Park
Seniorlicious - A taste of retirement.	June 19 th 11:00am – 1:00pm	Southshore Community Centre
Lunch and Learn with Barrie Fire	June 21 st 12:00pm – 1:00pm	Allandale 55+ Centre
Open House	June 22 nd 12:00pm – 3:00pm	Parkview 55+ Centre

Our signature event is **Seniorlicious**, a *taste of retirement*. This sampler event features Chefs' menu specials from six premier retirement homes in Barrie.

Our 55+ Community Centres' Open Houses will feature a variety of "Try it "activities.

For more information, please visit us at <u>Seniors 55+ Recreation Programs | City of Barrie</u> or call Parkview 55+ Centre at 705-737-0755 or Allandale 55+ Centre at 705-728-6332. Drop in and learn about the many opportunities, programs, and services available at the City of Barrie 55+ Community Centres provided by our dedicated team of senior-friendly staff and volunteers.