



***MEDIA RELEASE***

**Friday, May 31, 2024**

***FOR IMMEDIATE RELEASE***

**Residents encouraged to explore Barrie’s recreation opportunities during  
Recreation and Parks Month**

(Barrie, ON) – June is recognized as Recreation and Parks Month in Ontario and the City of Barrie has hundreds of activities and programs for residents to enjoy.

“Our beautiful city is full of incredible recreation opportunities, and this month we are thrilled to highlight all those amazing experiences,” says Kate Ellis, Manager of Recreation & Culture Programs. “From trying out a new activity at one of our centres, to cooling off at a splash pad, there are so many ways for residents to take advantage of the City’s amenities and recreational opportunities.”

The City has created a schedule of activities that give residents opportunities to play every day throughout the month of June. The schedule includes many of the City’s regular drop-in activities at usual dates and times, including basketball, pickleball, yoga and aquafit. In addition, the City is offering free Zumba and outdoor Bootcamp classes on select days.

Another one of the featured activities is an outdoor yoga class at Meridian Place (30 Simcoe Street) taking place on International Yoga Day; June 21, from 6:30 to 8:30 p.m. All ages and skill levels are welcome, and participants are asked to bring their own non-slip yoga mat. This activity is free, but participants are asked to bring a non-perishable food item that will be donated to the Barrie Food Bank.

All other Recreation and Parks Month activities are drop-in, and regular fees apply, unless otherwise specified.

Visit [barrie.ca/JRPM](http://barrie.ca/JRPM) to view the schedule of activities and any applicable fees.

Visit [barrie.ca/recreation](http://barrie.ca/recreation) for information about the recreation programs provided by the City of Barrie.

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