

## Legislation Details (With Text)

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**Title:** ONTARIO CAREGIVER ORGANIZATION

Shrid Dhungel, Regional Lead for Community Engagement of the Ontario Caregiver Organization (OCO) provided a presentation.

Mr. Dhungel discussed slides concerning the following topics:

- The purpose of OCO, as well as caregivers at a glance, i.e., caring for one or more persons, persons with problems associated with old age frailty, care at home or recipient's home;
- The significant impacts on caregivers on their home life, employment, their mental health, and during the COVID pandemic;
- Working with caregivers within the community to provide awareness, information and support, and help in identifying gaps in services;
- Caregiver and public information, as well as online resources, caregiver toolkit, and A Time to Talk Podcast;
- Direct to caregiver programs, webinars, and services, such as the Caregiver Helpline, peer support groups, and an 8-week SCALE program, e-learning on roles, conflicts, and physical and mental health;
- Engaging care providers and collaboration;
- Key caregiver strategies for providers for better patient care, health outcomes, and experience;
- E-learning for providers that is free of charge and offers practical tips;
- Understanding health privacy and consent in Ontario;
- Providing public awareness to reach more caregivers;
- Caregiver insights and engagement, voices, and perspectives through an online platform; and
- Collaborating to increase awareness of the organization, and access to resources and services for caregivers.

Members of the Committee asked a number of questions of Mr. Dhungel and received responses.

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